

Green Lotus Yoga & Healing Center  
18480 Kenyon Ave., Lakeville MN 55044  
[www.greenlotusyogactr.com](http://www.greenlotusyogactr.com)

[wellness@greenlotusyogactr.com](mailto:wellness@greenlotusyogactr.com)

Studio Contact: Greta Wenzel 651-319-9525

Additional Program Contacts: Merry Beth Freienmuth 612-805-0080 or Marcia Appel 612-991-3503

We are willing to accept previous hours for YCM students. For documentation, we would need a transcript or equivalent write-up of curriculum completed and hours covered (broken down by contact and non-contact). In addition, every student that applied would have a personal interview with a faculty member.

Programs:

240-Hour Yoga Teacher Training

Graduating students qualify to register with Yoga Alliance for RYT-200 designation

Costs: \$100 application fee plus \$15 per credit hour needed for completion. Payment plans are available. (Note this pricing is specific to YCM students transferring in credits)

300-Hour Advanced Yoga Teacher Training

Graduating students qualify to register with Yoga Alliance for RYT-500 designation

Costs: \$250 application fee plus \$18 per credit hour needed for completion. Payment plans are available.

Specialty Training and Continuing Education Credits

Green Lotus offers a selection of shorter training courses ranging from 8 hours to 30 hours.

Restorative Yoga, Yin Yoga, Vinyasa Yoga and others. See website for details [www.greenlotusyogactr.com](http://www.greenlotusyogactr.com)