

1. Please provide the name, address, phone number, email address, and web address of your institution as well as the name of a contact person available to assist students with questions.

Yoga North International SomaYoga Institute (ISYI)  
4628 Pitt Street  
Duluth, MN 55804

Sarah Gordee is our Education Assistant, and would be able to assist transferring students with questions.

[\(218\) 722-9642](tel:(218)722-9642)

[info@yoganorthduluth.com](mailto:info@yoganorthduluth.com)

2. What would be the cost to students of YCM who are looking to complete their training?

We will offer the program at a reduced cost to students transferring from YCM.

200-hour: \$1050 off, so \$2200 total

+300/500-hour Level 1 : \$1250 off, so \$3550 total

We also offer a 1000-hour Yoga Therapy program. Please direct inquiring students to the contact person, Sarah Gordee, above, for specific information about that program and costs.

3. Are you willing to accept previous hours for YCM students?

We require all transferring students to undertake our complete program for certification in our specific modality. [\\*See addition below\\*](#)

Students transferring into our TT200 may miss up to one full weekend of the training and still be accepted to the full program. This is particularly applicable to the upcoming training, which begins March 1st, and which may be too short-notice for people to accommodate. If the first weekend is missed, one private session of 2-3 hours is required before their first weekend to familiarize themselves with our modality. This carries an additional \$150 charge.

- If so, what documentation would you accept?

Documentation of hours completed at YCM.

4. What training programs do you offer?

We offer the following programs:

200-hour Therapeutic Focus

+300/500-hour Level 1 Yoga Therapy

1000-hour Yoga Therapy Certification

5. How many hours are your training programs?

200-hour Therapeutic Focus: 200 hours

+300/500-hour Level 1 Yoga Therapy: 300 hours

1000-hour Yoga Therapy Certification: 500 hours

6. What credential is offered by your institution?

Our 200-hour, +300/500-hour programs' curriculum fulfills the requirements for certifications through Yoga Alliance as Registered Yoga Teacher (RYT).

Our 1000-hour curriculum fulfills the requirements for certification with the International Association of Yoga Therapists.

Our next 200-hour teacher training program begins Thursday, March 1st, 2018, at Tula Yoga and Wellness in St. Paul, MN. We are still accepting applicants to that program.